



ASK DR. DREAM

Kelly Sullivan Walden

Wednesdays, 12 PM CT



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## Episode 1—Searching for Satya: Calling All Dreamers!

Wednesday, July 21, 2021

NANCY: [00:09:09] Start by telling us how you met this woman, how she came to tell you the story if you could.

KELLY: [00:09:16] Okay. All right. So, I was walking down the street—walking down my lane—out in front of my house, Red Rock Road, and where I exercise, and a neighbor of mine who I crossed on the path all the time I have for the last, I don't know, 12 years or 10 years since I've lived here, and we've never talked because I'm always exercising. It's like, "Hi," wave, and all that.

But on this particular day, about I want to say a month ago, she stopped me and said, "I heard you do dreams. What's that all about?" And so I told her a little bit. And she said, "Oh, I have really vivid dreams about my daughter." I'm like, "Oh, okay." And I said, "So, what's your thing?" And she said, "I've been into real estate for about 25 years. I raised three children. And for the last nine years, I've been looking for my daughter." And I'm like, "mic drop."

And that's who she'd been dreaming about. So, I decided to stop my exercise routine for the day and I walked with her and she gave me the scoop about her daughter, Tess. And so, here's just some of the basics that I sent out in my email today so we can at least – because some of this is going to be story, but here's just the facts, ma'am.

Nine years ago, 29-year-old Tess Lerner went missing from Topanga, California, and her family hasn't seen or heard from her since except a rumor that she changed her name to Satya, which means truth in Sanskrit.

Her car was found abandoned in Capitola, California near Santa Cruz, with all her worldly belongings intact—her cellphone, checkbook, keys, and clothes. Everything, except her favorite possession—her only favorite possession—her blue ukulele. Detectives and psychics have been on the case to no avail.

The reason I'm talking about this – because this is not a true crime podcast, this is a podcast or a show where we talk about dreams and more aspirational things.



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However, when this came to me, when I met Sharon – Sharon Berry [ph] is her name. It used to be Sharon Lerner. Anybody who's looking at the email I sent out, I'm correcting that.

And by the way, Sharon will not be on the show today, she had to join her granddaughter today. So, she will be on the show one of these days, but not today. So, playing the part of Sharon Lerner is Nancy Telzerow today.

NANCY: [00:11:50] And I know nothing, so it's going to be great.

KELLY: [00:11:54] So, I thought in some way, like you know, when somebody crosses your path, not every problem in the world is ours to solve, not every situation is ours to get up in arms about. But there's those things that stop us on the trail that actually call us to them that we might consider it is part of us being in our lane, is ours to do. And Sharon literally wouldn't let me go and told me the story about her daughter.

And starting that night, I started dreaming about her. And I thought, "What if I invite other dreaming people to begin to dream about this young woman? And maybe we'll solve the case, maybe we'll get some clues."

And as Vanessa Pastor said, "We're looking for truth. We're not necessarily looking to find the girl because we might – " she's a woman. She's actually at this point a 39-year-old woman. But we may or may not find her, but we may uncover truth, which is what her chosen name, Satya, means.

So, I thought that was really interesting. We're looking for truth. And it's not just truth about her, although that's the focal point. It's truth for ourselves, for our own missing girl.

And there will be psychics on this show. There's actually going to be a woman joining us next week on this show named Judy Wilkins-Smith, who is an incredible constellation therapist. We just did a session with her and Sharon yesterday, the mom, and it was incredible.

So, I'm going to be bringing the same kind of people on, like Nancy T, and other folks who are in the healing arts to help us on finding Tess or Satya as the case may be, finding truth.



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How's all that landing on you so far?

NANCY: [00:14:25] No, that's really good. And especially the part where when you think about there's this car and it's got all of her worldly belongings, except for her favorite thing, it really looks deliberate. It looks very much like this is what she wanted.

So, the fact that we're going into this, you're going into this honoring her wishes. And it's not about disrupting her life, it's not about changing where she is. It's not about saying, "Come on back. We got to get you in the fold."

It's more of a, I guess, "Are you okay?" And wanting to have a peaceful heart about her, around her, because a lot of times, we don't have this life. You know, we have it about blank slate, sometimes we don't fill it in with the nicest stuff. I think we can assume the worst or fear the worst, and that takes us over.

So, I think, finding the truth and the essence of what this is all about, and then I feel like that'll just bring forth peace around it for all of us, you know, who are seeing someone or feeling like we're disconnected in a way that we didn't think we should be from a person.

KELLY: [00:15:34] Exactly. And I'll get back to that in one second. But I want to let people know that if you're like, "Oh, man, I had a dream and I wanted to share it," you can still do that on the show. I think what we're going to be doing is just having that added viewpoint about how might this also be helping. It's kind of what I'm focused on, but your dreams are important. So don't hesitate.

On the second half of the show, as normal, we will take your dreams. We'll connect with you and whatever you're dreaming about, even if it seems unrelated. Because we all know if we incubate a dream asking, "Where's my future partner, or where's my money, or where's my whatever it is, or where's Tess or where's Satya," we might not get an exact literal answer, but whatever we're dreaming about will be related to that, so it's all worth sharing.



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So, don't be shy to share a dream that is about you and your personal life. Please, don't be afraid of that. So, again, the number's 816-251-3555. So, don't be afraid to call in.

From a dreaming perspective, as Nancy, you were just touching on, there's the perspective, and this is kind of the "staying in my lane" part to nod back to what you read earlier. I like to look at everything from a dreaming perspective. That helps me feel more powerful, because I feel like there's a lot going on in the world that I can't do anything about.

But on the level of dreams, I can look at everything like it's a part of my dream, which is a part of myself, a part of my own being. And from that place, we can actually be very powerful in terms of rescuing a lost aspect of ourselves, bringing her back into the fold or shedding light on a part of us that is trying to run away, or that doesn't feel like she fits in this world.

And so I think that is actually an archetype that exists in all of us, whether we're a man or a woman. What were you about to say, Nance?

NANCY: [00:17:41] I was just thinking that with the dreams, people call you and they tell you their dream, and sometimes you'll reframe it for them, you'll have them look at it differently, and then they end it. It always ends up being a good dream. I mean, sharks could eat them alive, and you make it a good dream. Bless you. And that's why people call. It's why I tell you my dreams.

Because of that, I think that with this story—this blue ukulele—that no matter what's going to come of this, whether we find Tess and shake her hand and say, "Hey, well done," we still will have a new way to look at it. And that's the gift in Life Is But A Dream. So, I mean, there's no one more equipped than you to help this woman reframe how she sees it.

KELLY: [00:18:27] I mean, it's like Sharon, the mom, is the one who came to me. Tess didn't come to me, but Sharon did. So, this is about wanting to help her, wanting to bring some healing to her heart. And I think I just want to also include here as many details as I've got just so people have them.



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Right after I met Sharon, that night I had a dream:

I was sitting across the table from a girl with dark hair. I didn't recognize her. And at that point, I hadn't seen any pictures of Tess. And she ordered breakfast. And we were sort of at a strange restaurant, and she had an egg that was broken on the plate and next to it was a tiny unicorn. Did I tell you about this dream?

KELLY: [00:20:17] And all I got was a bunch of heart, Valentine's-looking cookies.

NANCY: [00:20:22] And you weren't happy about that, but I said I would be because I like cookies. Yes, it's all coming back.

KELLY: [00:20:27] I'm going to give you mine. I'm going to give you my heart cookies, and I'm going to see if I can have what she's having.

NANCY: [00:20:32] Like, a unicorn on the side.

KELLY: [00:20:36] Exactly, just a side of unicorn. Not to be eaten, not to eat.

NANCY: [00:20:42] If you have a full unicorn, it's too much.

KELLY: [00:20:45] Right. But it made me think that the egg was kind of like the, in some way, connection with her mom. Like what came first, the chicken or the egg, or the mother or the daughter. Like the broken egg all over the plate was like the messiness of this connection.

And maybe she's out of the egg, she's trying to find her autonomy. But the fact that there was a side order of unicorn—and it wasn't unicorn for eating, it was just this really pretty purple unicorn—made me think there's magic in this space.

That's a piece that I've gotten, and I haven't had a dream that felt more connected, even though – I probably have and I just haven't remembered them. But now that we're starting this series, I'm going to be deliberately dreaming about her. And I invite you to do the same.



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So, here's a few things that we should know about. And I'm going to just go between Tess and Satya because some people know her as Tess, and nowadays, I think she would only respond to Satya.

What's interesting about Satya is that she's super creative, super talented, super sensitive, definitely an HSP highly sensitive person to the max, really creative.

So, I imagine she's got some character traits of the people who listen to this show—people that are spiritually minded, open and they feel like a thin wall. They can feel what other people are feeling. She was a yoga instructor. So, people that are in and of the mind, body, spirit. And also that might feel like the blessing of becoming more psychic and more sensitive is, “That's great.” I mean, that's kind of the goal, but then the challenge is, “Wow, you can feel everything.”

So, this girl is a deeply-feeling person. And she was a, I would say, not a writer in the typical sense that most people might think. Like, “Oh, she writes every once in a while.” No, this woman was a nonstop, almost compulsive writer.

In the trunk of her car was found composition books, menus, pieces of garbage, pieces of trash, anything. And every square centimeter of this paper was covered in her writing. She couldn't stop writing. It was like that was her way of processing the deluge of information, processing her feelings. And a lot of them were on the darker side.

She published a book of poetry when she was 20—so that would be almost 20 years ago—and it is called *Crying In Public*. And I think I'm going to just flip to a random page, Nancy. This is actually the very back of the book. And then I'm going to pick a random page.

She's quoting Hans, and I just thought there could be clues in the stuff that she wrote. And there's so much of it that it's going to be hard to read all of it but she quotes Hans Christian Andersen. And Nancy, you know that that's been something that's been bouncing around my world. “It is very extraordinary, but when my feelings are most fervent and at their best, my tongue and hands alike seem tied.”

NANCY: [00:24:54] “My tongue and hands alike seem tied.” And you said as a child or before she used to say she didn't feel like she was of this world.



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KELLY: [00:25:08] Correct. Yeah, she would often tell her mom, “I’m not from here, I don’t belong here. I’m not part of this, like I shouldn’t be in this family, I shouldn’t be. I’m not from here.” And then she would also say, “But don’t worry, I’m not going to take myself out because I’m aware that I have work to do here.”

There’s a lot of people connected to her intuitively that believes she’s still in this world. And this astrologer that she talked to that I had a chance to speak with, who will hopefully come to the show, he said that – actually, it was the detective that I talked to who said, “The Santa Cruz mountains are a great place to get lost. If you’re somebody who doesn’t want to be found, Santa Cruz is a great place to be.”

So, that may very well be where she’s at at this moment. So I want to give you all the URL even though it’s new. It’s being developed as we speak, so it might not be live yet. But it will be [TheGirlWithTheBlueUkulele.com](http://TheGirlWithTheBlueUkulele.com).

And in the meantime, you can look at kind of a early stage of the website. You can go to [KellySullivanWalden.com](http://KellySullivanWalden.com), scroll down about halfway down the page, and you’ll see a banner for The Girl With The Blue Ukulele. Click that and you’ll see pictures of her.

So, we promised we were going to hear a little bit of Tess’ song. She wrote a lot of songs and had a beautiful voice and a lot of her stuff just went up in smoke with her – not up in smoke literally, but disappeared with her car. She never locked her car. So, she had like a portable recording studio in her car that before she went missing, it got stolen out of her car, so a bunch of her songs. But we were able to get this song. So, Louis [ph], if you’d be so kind, let’s hear this song called Where We Belong by Tess Lerner, aka Satya. What a beautiful voice. Don’t you think, Nancy?

NANCY: [00:32:47] Oh, my gosh. It felt very otherworldly to me. I mean, very. It’s haunting. It’s the word, that’s the word.

KELLY: [00:33:01] I’ve listened to this song now, I don’t know, maybe 10, 20 times., and every time I hear it, I hear something else. And in this one, I’m hearing kind of the depth, the sorrow and even the rebellion, the “I don’t care what they say.”



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NANCY: [00:33:18] That was the only line I could hear. But I mean, I think, you know, that means something to me. That's the thing I could hear, "I don't care what they say."

KELLY: [00:33:29] One of the things that her mom shared with me is that her favorite movie was the movie *Into The Wild*. directed by Sean Penn, it came out a long time ago. But it's about a young man who is from a pretty well-to-do family, and he leaves. He graduates from college and he just goes into the wild, and he wants to make it on his own.

He's very inspired by Thoreau and Emerson and all the transcendentalists and the road less traveled. You know, all of those people. I'm covered in chills. And wanted to just forge his own path, and it's a beautiful story. And in watching the movie, I felt like it really uncovered a lot of understanding the character of somebody who would just up and leave.

And similar to the guy in the movie, there was money in her bank account that she just stopped, she just let it go. She let go of her cell phone. Her parents offered to buy her a new car, she said, "No, I don't want it. I don't want it. I don't want it." She walked away from all of that. It's like, in a way, to find her path, like, "I don't care what they say."

So, there's something in that and we could say that, you know, "What a spoiled brat." There's a lot of people that would die to have those things and die to have those problems. And yet, it's an archetype of someone who just says, "I am smothered by this world, this world is killing me. I have to go into nature and be with the elements and find my own way. Whether I do or not, I have to try." So, that's what I'm getting.

So, what about you, Nance, before we pick up the line and invite people to call in, what are you getting from all of that?

NANCY: [00:35:33] I really do feel like this was intentional. This was this was her desire to not be of the world that had been her life, not to say that she doesn't want to be on the planet, but just to create a whole new reality for herself. And it feels to me like she has done that. And that's what she's living.





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Not once have you told me this or talked about it where I thought she's not here anymore. I definitely think she's here. I just think she's just made a different decision.

And that's hard for us because – I mean basically, in the United States, we're born, we go to school, we get married or we stay single, we sort of have a trajectory. And she is like, “Yeah, screw that. I'm going to do my own thing in my own way, and it's not going to look like you. And that will make you uncomfortable.”

KELLY: The police said that there was no sign of foul play on her car.

And obviously, we don't want to encourage people to do that. We want to have them find their way while they can still be in this world and not off it. But I think there's some healing that we can bring to this part of us that would leave because it leaves a trail of pain for those left behind.

So, let's pick up. Denise [ph], you've been so darn patient. Thank you so much for calling in. Honey, what's on your heart today?

DENISE: [00:37:43] I had a dream. Well, that's nothing new.

KELLY: [00:37:49] Let's hear it.

DENISE: [00:37:51] This is an awesome dream to me. I'm going to analyze it afterwards. You know, I think I'm you all anyway.

KELLY: [00:37:57] You are. We are as one.

DENISE: [00:37:58] No, I can't, I can't touch you all. But anyway, I had a dream, I had two bags, went into a store, one was a return, and clearly, I guess one was something I already bought. So, I go to the counter and ask the people, “Where's the return section?” So, the guy points to a door, and it leads into a huge warehouse, which is fine with me.

So, then when I'm back there, I'm getting ready to – I guess, we do this return and it's in warehouse. And all of a sudden, the lights start to flicker. You know, how you



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have a thunderstorm and look like the electricity is going to go off? Well, the lights flicker, I think twice. Finally, it just gets completely dark.

So, I say in the dream, “Well, gosh. There's no lights.” I'm talking out loud. And I guess the guy might be somewhere close to me because he obviously heard me I said, “You know it's dark.” And he's like, “Yeah, everybody needs to leave”. I want to say, “Okay, everybody needs to leave because there's darkness and there's no lights?” And I said, “Well, how can we leave? And we can't even see our way to the door.”

So, next thing you know, he is all deep. So, the next thing you know, evidently he got a flashlight. I don't know when he got it because of course it's dark. He gets a flashlight. And then of course you can see to the door and I said, “You know something? Why don't you give me a flashlight as well,” I said, “so I can just lead myself to the door without your assistance.”

And next thing you know, he gives me a flashlight, and I walked through the door and go back out to the regular part of the still closed door. I just think that is so deep. Let me tell you how deep this is to me. This is me, but I'm going to have to do the job.

To me, the flashlight is just – it's like there's darkness, and even in this darkness, somebody gives me a flashlight so I can see my way through. That is just so deep to me.

When there's no light, light was given unto me. If I couldn't see, light was given to me. It was a flashlight. I don't care if it was a candle. Light was given unto me. That's what I take away from this dream. I've been ecstatic all week. A girlfriend of mine who's very religious and she quoted something from the Bible. I forgot what she quote, I should have wrote it down. But I just think, I don't know.

Now, I will tell you that a flashing light is my response to my father. Somebody one time told me that his daughter had died, and anytime he hears a song or he wants to hear the song, that's his way of letting him know that his daughter is well.

Well, he said when my father first died, “Have a code, have something if you want to know how he's doing.” And mine has always been an off and on blinking light.



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That's all. I am just saying for whatever it's worth. That's why. Then it was completed.

But I wasn't scared because it's a warehouse. I mean, it wasn't like there's a lot of people in there. I don't remember how you can see any people in there. But I just said, "Hey, you know, we can't get to the door. There's no light, we can't make our way." He said, "Okay." I don't know where he got his flashlight from, but he gave me one. He had one and then he gave me one, and I just walked to the door. That's it.

KELLY: [00:41:30] I love this dream. So, Nancy T, I'm going to pass to you first, and then I'll take a stab after you.

NANCY: [00:41:36] Well, hi, Denise.

DENISE: [00:41:39] Hi. I Miss you.

NANCY: [00:41:42] I miss you, too. So, you know what struck me, and everything you said did but what struck me most was that you had somebody there willing to light the way for you. But you said, "I'd rather do it myself. I want to be the one that figures it out on my own though, that takes me through the door. I want to be the one."

If it were my dream, I would see myself as so independent and strong because you assessed the problem right away. You said, "Look, I'm fine with leaving, but I can't see. So, how about it?" So, that was your first thing. You were like, "I'm going to tell you what's going on here before – you know, you're telling me something that absolutely makes no sense."

And then when he says, "Here," like he's going to let you go, you say, "How about you get me my own?" And I just think there's something so powerful I can feel it in my heart. "I don't need a bunch of people, I just need to have myself. I've got my own back."

And of course with that blinking light, now that you told me that that was your dad or that you connect that with your dad, it's no matter what, you're never alone. You've got him, and between the two of you, you've got this.



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KELLY: [00:43:07] Awesome, beautiful. So, I'll go down. Ditto to everything Nancy T just said. Love all of that. There's a few pieces that stand out to me if it were my dream. For some reason, I was feeling like there was something – this may not be for you, Denise, this may be more about me. But it feels like – you know that game we used to play as kids like you're getting hotter, you're getting warmer, you're getting colder, you're getting colder?

NANCY: [00:43:34] Yeah.

DENISE: [00:43:35] Yes.

KELLY: [00:43:35] It seems that this whole thing about wanting to return something, like I bought something but I'm returning it. Something I have I don't want. I'm trying to get rid of it. That's the context of the whole thing.

And in that, it makes me feel like I'm kind of going down the wrong road so I end up in the dark. So, it's almost like saying you're getting colder. It makes me feel like maybe the message is take what you've bought, it's yours. Don't try to get rid of it, learn to love it or find a place for it instead.

It made me think about that quote in the bible, that even if you walk through them – butchering it. The 23rd Psalm, ye though I walk through the valley of the shadow of death, your rod and light are still with me. I don't know if it's compass, you're still with me. Jesus, you're still with me. Even when I'm in the dark, even if I go off track. you're still with me.

So maybe this dream, if it were mine, is saying you may be going off track here, trying to spend time and energy returning something, something that you bought into, that you're wanting to give back. That may be fine. But even if you go off track, even if you go into the dark, I am still with you.

To me, the piece here that is the standout is you asked for it. You didn't just say, "Oh, it's dark. I'm going stay here and die." You're like, "I'd like to leave, I'd like to go back into the light. But I need a little light to get there." So, you called it to yourself.



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And then it was like your dream responded in kind, and you made your way. It makes me feel like this is one of those really powerful dreams that it's like you can't screw up, you can't make a mistake. You're going to be fine no matter what you do.

So, it makes me want to ask you—and you don't have to tell us right now—are you seeing where this dream may be in response to something that's happening in your life, where you may have been feeling in the dark and yet your dad is with you, Jesus is with you, God is with you?

DENISE: [00:45:52] Yeah, I've been thinking about him.

KELLY: [00:45:59] I can't hear you, Denise. You've been thinking about your dad. You're crying, you precious one. Thank you.

NANCY: [00:46:10] We know how much you love your dad. And to me, it's heartwarming that he's with you like that, and he shows up so often. When you're awake and when you're sleeping, he's just there.

KELLY: [00:46:25] Even if you feel like you're in the dark, he's still with you. Honey, this is deep. I'm so glad you shared this with us.

DENISE: [00:46:36] Likewise, I thank you and Nancy so much. I don't know. I had it a couple of nights ago. But he's been on my mind so much and it happens every now and then. It happens every now and then. It's a part of life. He gave this life so I have to think about him.

So, maybe he was coming. Maybe he was coming in the dream. And maybe he knows that I've been thinking about him so much that he came in a dream to let me know, "I'm okay and you're going to be okay. Stop it. Stop doing all this thinking about me and getting a little sad. You got to snap out of it." So, that's what I'm going to do.

KELLY: [00:47:13] Beautiful. I don't know if you heard the earlier part of the show where we're talking about how whatever dreams you want to share with us, we're going to look at them as it relates to you in your life but also, as it might relate to this larger theme that we're talking about, the girl with the blue ukulele, the girl that's gone missing.



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And this dream feels like it's hopeful in that area too. Maybe we can't see her but there are flashes of light in the clues that she's left behind, whether she's alive or not. But it feels hopeful. We're all in the dark right now as to where she is but there's flickers of light. Let that be good enough. And maybe in the asking for the light, we'll find it. Seek and you shall find.

DENISE: [00:48:02] But I did ask for it in the dream, "Give me a flashlight so I can see my way." I want to stop thinking about him at least this week or last week. I think the flashlight is saying, "I don't want to be in the darkness."

I don't want to think about him in a negative sense. But I'm not thinking him in a negative sense, I'm just thinking about him so much the last two weeks. I don't know why. I don't know why. But I'm glad you came to me and told me everything's going to be alright. And he would be very mad to know that I'm crying today. He would be mad, he would. He'd be like, "Come on now, don't do that. Don't do that." He would be. He would be.

KELLY: [00:48:42] Anyway, I think it's how we frame it because there's something about – I mean, the name of Tess' poetry book is *Crying In Public*. So, I think there's something really poignant about that. And there's nothing wrong with it. Because it's "the holding it back" is actually where the problem is.

So, I think there's something about becoming fluent with our being present with our feelings. Nancy, I can feel you saying something there. Go for it.

NANCY: [00:49:11] No, I'm just with you and I totally agree. And I am a person who tends to hold it in and it does eventually come out. And then you can't control how it comes out because it's all over the place.

But there's a part of me when you say, "I just need to stop thinking of him," I feel like instead of thinking about him in the framework of "I miss him so much, I miss him so much," it's more like finding a way to embrace how much he's still here, how much he's still alive in you and in the gestures that you make, or the way your brother says certain words, or how he's still so present in so many things that maybe you like, a food you like that your dad used to love, it's still there.



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And so, it's more like putting attention to what is still alive versus it just so much that he's not physically here next to you.

KELLY: [00:50:03] Amen. Beautiful.

DENISE: [00:50:05] Amen. Thank you all so much.

KELLY: [00:50:15] Dana just texted me with a little update about—kind of correcting—my statistics. So, in the New York Post, it says that—more than 600,000 people go missing in the US every year; 1600 of those go missing in the US wild lands.

NANCY: [00:50:43] Wild lands, what is that?

KELLY: [00:50:46] So, it would be like the mountains where the undeveloped...

NANCY: [00:50:50] Okay. I've never heard the term. Got you.

KELLY: [00:50:54] There's articles about people, young people, that have been inspired as Tess was by the movie Into The Wild. And they've kind of mimicked what the guy in the movie did. And they and their bodies were found, and they didn't make it.

There's a phenomenon because it was such an inspiring movie and yet it's very tragic because you can't – you know, to just go into the wild, there's going to be some fun moments, but it's about doing it carefully doing it with some level of touching base.

So, I'm just hoping nobody watches that movie and gets inspired and goes and does it. I think we can do some variation of it, where we can stay balanced.

Coming up on the show next week, we're going to talk to Judy Wilkins-Smith, who's a constellation therapist, even though she doesn't say she's a therapist. But she's a brilliant woman.

And one of the things that she will talk about is—this is so amazing—how within a family constellation – Nancy, you're going to love this. It's like if one person say is like the happy-go-lucky one, somebody is going to have to be the one to hold the sadness, or the pain, or the uncried tears of the family.



ASK DR. DREAM

Kelly Sullivan Walden

Wednesdays, 12 PM CT



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And they might show up as the one who's dysfunctional, the one that just can't seem to get their life together, or the one that just has to leave and go off into the wild to process. And everyone's like, "Come on. Can't you just be like us?"

So, we're looking at it from a larger constellation, maybe these people wouldn't have to leave if we all shared the load a little bit. And you'll hear her talk about how maybe, just as a possible reframe, we actually owe these people a debt of gratitude because of what they process for us so we don't have to.

And interestingly—and I'll bring this up, and we'll talk more in detail about this, and I think anybody who's got any family stuff is going to be interested in the show next week—in the middle of the call, the police broke in and called Sharon to ask her. She hasn't heard from the police in nine years, Nancy.

And the Capitola Police, a new detective is on the case and wanting to get connected and finding out information while we were in the middle of our conversation. We'll talk more about that next week.

And Nancy, thanks for joining me on the first in this series of The Girl With The Blue Ukulele, and I hope you all will dream on this and call us in next week. And until we meet again next week, don't take your dreams lying down.

END OF TRANSCRIPT